waRecoveryHelpLine.org

When you're ready for a change, we're here to help.

- Free and confidential support 24/7
- Referrals to local treatment providers and community services
- Support for family and friends

Washington Recovery Help Line

24-Hour Help for Substance Abuse, Problem Gambling & Mental Health

1.866.789.1511

(206.461.3219 TTY)

crisis connections
support • resources • training
formerly known as crisis clinic

Washington State Department of Social & Health Services
BHSIA Behavioral Health and Service Integration Administration

Help for Teens: 1.866.TEENLINK (833.6546)
Chat online: www.866teenlink.org

Washington Recovery Help Line 1.866.789.1511 waRecoveryHelpLine.org