



Washington Recovery Help Line

24-Hour Help for Substance Abuse, Problem Gambling & Mental Health

1.866.789.1511

(206.461.3219 TTY)

a service of



**crisis
connections**
support • resources • training
formerly known as crisis clinic

Washington State
Health Care Authority

waRecoveryHelpLine.org

- Free and confidential support 24/7
- Referrals to local treatment providers and community services
- Support for family and friends
- Medication for opioid use referrals
- DSHS benefits application assistance
- Service available in Spanish

*Need help for teens: call 1.866.TEENLINK or chat online at www.teenlink.org